

## FLÓÐATAFLA 2023

Helstu tyllidagar, sólarupprás, sólsetur, sólargangur, tunglstaða ásamt tímasetningu árdegis- og síðdegisflóða og flóðhæð. Athugið að hér er um útreiknaðar tímasetningar að ræða sem geta vikið frá rauntíma um nokkrar mínútur. Allar tímasetningar miðast við Reykjavík (64.1500° N, 21.8500° W) og eru birtar án ábyrgðar. Stórstraumur er auðkenndur með bláu letri í töflunni.

## BREYTITAFLA FLÓÐA

Akranes +00:01	Dalatangi -04:45	Grundarfjörður +00:29	Keflavík -00:02	Sauðárkrókur +04:10
Akureyri +04:35	Djúpivogur -02:53	Hofsós +03:48	Kópasker +04:40	Siglufjörður +04:23
Bakkafjörður -05:53	Eskifjörður -04:01	Hólmavík +03:46	Ólafsfjörður +04:31	Skagaströnd +03:53
Bíldudalur +01:30	Eyrarbakki -00:36	Húsavík +04:38	Ólafsvík +00:28	Vestmannaeyjar -00:44
Borgarnes +00:29	Fáskrúðsfjörður -03:55	Hvammstangi +03:51	Raufarhöfn +05:14	Vík í Mýrdal -00:34
Breiðdalsvík -03:11	Flateyri +01:47	Höfn -00:06	Rif +00:31	Vopnafjörður +06:05
Brjánslækur +00:43	Grindavík -00:28	Ísafjörður +02:00	Sandgerði -00:09	Þorlákshöfn -00:32

## STÆRSTU STRAUMAR 2023

Dagur	Tími / hæð	Dagur	Tími / hæð
8. janúar – sunnudagur	07:18 3.9 m	19. júlí – miðvikudagur	19:42 3.7 m
23. janúar – mánudagur	07:22 4.6 m	3. ágúst – fimmtudagur	19:43 4.4 m
7. febrúar – þriðjudagur	07:35 4.0 m	17. ágúst – fimmtudagur	19:20 3.8 m
21. febrúar – þriðjudagur	07:06 4.6 m	1. september – föstudagur	19:21 4.5 m
9. mars – fimmtudagur	07:35 4.0 m	16. september – laugardagur	19:17 3.9 m
22. mars – miðvikudagur	06:44 4.4 m	29. september – föstudagur	18:17 4.4 m
7. apríl – föstudagur	19:24 4.0 m	16. október – mánudagur	07:04 3.9 m
20. apríl – fimmtudagur	18:40 4.2 m	30. október – mánudagur	06:53 4.3 m
7. maí – sunnudagur	19:35 4.1 m	15. nóvember – miðvikudagur	07:14 4.0 m
19. maí – föstudagur	18:17 4.0 m	28. nóvember – þriðjudagur	06:35 4.2 m
5. júní – mánudagur	19:25 4.1 m	15. desember – föstudagur	07:48 4.2 m
18. júní – sunnudagur	18:39 3.8 m	28. desember – fimmtudagur	07:04 4.0 m
5. júlí – miðvikudagur	20:01 4.3 m		

## JANÚAR 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Sun – Nýársdagur		11:19 – 15:42 04:23	01:46 3.2 m	14:15 3.2 m
02 Mán		11:18 – 15:44 04:26	02:52 3.3 m	15:18 3.1 m
03 Þri		11:17 – 15:47 04:30	03:52 3.4 m	16:16 3.2 m
04 Mið		11:16 – 15:49 04:33	04:44 3.5 m	17:05 3.2 m
05 Fim		11:14 – 15:51 04:37	05:28 3.7 m	17:49 3.3 m
06 Fös – Þrettándinn	☉ Fullt tungl 23:08	11:13 – 15:54 04:41	06:07 3.8 m	18:28 3.4 m
07 Lau		11:11 – 15:56 04:45	06:44 3.8 m	19:04 3.4 m
08 Sun – Stórstreymt		11:09 – 15:59 04:50	<b>07:18 3.9 m</b>	19:38 3.5 m
09 Mán		11:08 – 16:01 04:53	07:52 3.9 m	20:12 3.5 m
10 Þri		11:06 – 16:04 04:58	08:26 3.8 m	20:47 3.4 m
11 Mið		11:04 – 16:07 05:03	09:00 3.7 m	21:23 3.4 m
12 Fim		11:02 – 16:10 05:08	09:37 3.6 m	22:02 3.3 m
13 Fös		11:00 – 16:13 05:13	10:17 3.5 m	22:45 3.2 m
14 Lau		10:57 – 16:16 05:19	11:04 3.3 m	23:38 3.1 m
15 Sun	☾ Síðara kvartil 02:10	10:55 – 16:19 05:24	12:00 3.1 m	
16 Mán		10:53 – 16:22 05:29	00:43 3.1 m	13:06 3.1 m
17 Þri		10:50 – 16:25 05:35	01:55 3.1 m	14:18 3.1 m
18 Mið		10:48 – 16:28 05:40	03:07 3.3 m	15:29 3.2 m
19 Fim		10:45 – 16:31 05:46	04:11 3.6 m	16:34 3.4 m
20 Fös – Bóndadagur		10:43 – 16:35 05:52	05:06 3.9 m	17:28 3.7 m
21 Lau	☀ Nýtt tungl 20:53	10:40 – 16:38 05:58	05:53 4.2 m	18:16 3.9 m
22 Sun		10:37 – 16:41 06:04	06:38 4.5 m	19:01 4.1 m
23 Mán – Stórstreymt		10:35 – 16:44 06:09	<b>07:22 4.6 m</b>	19:46 4.1 m
24 Þri		10:32 – 16:47 06:15	08:07 4.6 m	20:31 4.1 m
25 Mið		10:29 – 16:51 06:22	08:53 4.4 m	21:18 4.0 m
26 Fim		10:26 – 16:54 06:28	09:40 4.2 m	22:05 3.8 m
27 Fös		10:23 – 16:57 06:34	10:29 3.8 m	22:55 3.5 m
28 Lau	☾ Fyrra kvartil 15:19	10:20 – 17:01 06:41	11:20 3.5 m	23:50 3.3 m
29 Sun		10:17 – 17:04 06:47		12:17 3.2 m
30 Mán		10:15 – 17:07 06:52	00:53 3.1 m	13:24 2.9 m
31 Þri		10:11 – 17:11 07:00	02:07 3.1 m	14:43 2.8 m

## FEBRÚAR 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Mið		10:08 – 17:14 07:06	03:28 3.1 m	16:02 2.9 m
02 Fim		10:05 – 17:18 07:13	04:35 3.3 m	17:03 3.0 m
03 Fös		10:02 – 17:21 07:19	05:24 3.5 m	17:47 3.2 m
04 Lau		09:59 – 17:24 07:25	06:02 3.7 m	18:23 3.4 m
05 Sun	○ Fullt tungl 18:29	09:56 – 17:27 07:31	06:36 3.8 m	18:55 3.5 m
06 Mán		09:53 – 17:31 07:38	07:06 3.9 m	19:25 3.6 m
07 Þri – Stórstreymt		09:50 – 17:34 07:44	<b>07:35 4.0 m</b>	19:54 3.7 m
08 Mið		09:46 – 17:38 07:52	08:04 4.0 m	20:22 3.7 m
09 Fim		09:43 – 17:41 07:58	08:33 3.9 m	20:52 3.7 m
10 Fös		09:40 – 17:44 08:04	09:04 3.8 m	21:24 3.6 m
11 Lau		09:37 – 17:47 08:10	09:38 3.6 m	22:00 3.5 m
12 Sun		09:34 – 17:51 08:17	10:18 3.4 m	22:46 3.3 m
13 Mán	● Síðara kvartil 16:01	09:30 – 17:54 08:24	11:10 3.2 m	23:49 3.2 m
14 Þri		09:27 – 17:57 08:30		12:20 3.0 m
15 Mið		09:24 – 18:00 08:36	01:11 3.1 m	13:44 2.9 m
16 Fim		09:20 – 18:03 08:43	02:39 3.2 m	15:12 3.1 m
17 Fös		09:17 – 18:07 08:50	03:56 3.5 m	16:24 3.3 m
18 Lau – Þorraþræll		09:14 – 18:10 08:56	04:54 3.9 m	17:19 3.6 m
19 Sun – Konudagurinn – Góa hefst		09:10 – 18:13 09:03	05:41 4.2 m	18:04 3.9 m
20 Mán – Bolludagur	● Nýtt tungl 07:06	09:07 – 18:16 09:09	06:24 4.5 m	18:46 4.1 m
21 Þri – Sprengidagur – Stórstreymt		09:03 – 18:20 09:17	<b>07:06 4.6 m</b>	19:27 4.3 m
22 Mið – Öskudagur		09:00 – 18:23 09:23	07:47 4.6 m	20:09 4.3 m
23 Fim		08:57 – 18:26 09:29	08:28 4.4 m	20:50 4.1 m
24 Fös		08:53 – 18:29 09:36	09:10 4.1 m	21:32 3.9 m
25 Lau		08:50 – 18:32 09:42	09:53 3.8 m	22:15 3.7 m
26 Sun		08:46 – 18:35 09:49	10:37 3.4 m	23:02 3.4 m
27 Mán	● Fyrri kvartil 08:06	08:43 – 18:38 09:55	11:27 3.0 m	23:59 3.1 m
28 Þri		08:39 – 18:42 10:03	12:32 2.7 m	

## MARS 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Mið		08:36 – 18:45 10:09	01:19 2.9 m	14:08 2.6 m
02 Fim		08:32 – 18:48 10:16	03:07 2.9 m	15:59 2.7 m
03 Fös		08:29 – 18:51 10:22	04:28 3.1 m	17:00 3.0 m
04 Lau		08:25 – 18:54 10:29	05:13 3.4 m	17:38 3.2 m
05 Sun		08:22 – 18:57 10:35	05:47 3.6 m	18:08 3.4 m
06 Mán		08:19 – 19:00 10:41	06:16 3.8 m	18:35 3.6 m
07 Þri	☉ Fullt tungl 12:40	08:15 – 19:03 10:48	06:42 3.9 m	19:01 3.8 m
08 Mið		08:12 – 19:06 10:54	07:09 4.0 m	19:27 3.9 m
09 Fim – Stórstreymt		08:08 – 19:09 11:01	<b>07:35 4.0 m</b>	19:53 3.9 m
10 Fös		08:05 – 19:12 11:07	08:03 4.0 m	20:20 3.9 m
11 Lau		08:01 – 19:15 11:14	08:33 3.8 m	20:51 3.8 m
12 Sun		07:58 – 19:18 11:20	09:07 3.7 m	21:27 3.7 m
13 Mán		07:54 – 19:21 11:27	09:48 3.4 m	22:14 3.5 m
14 Þri		07:50 – 19:24 11:34	10:42 3.2 m	23:21 3.2 m
15 Mið	☾ Síðara kvartil 02:08	07:47 – 19:27 11:40	11:58 2.9 m	
16 Fim		07:43 – 19:30 11:47	00:47 3.1 m	13:28 2.9 m
17 Fös		07:40 – 19:33 11:53	02:21 3.2 m	15:02 3.0 m
18 Lau		07:36 – 19:36 12:00	03:41 3.5 m	16:13 3.3 m
19 Sun		07:33 – 19:39 12:06	04:38 3.8 m	17:04 3.7 m
20 Mán – Góuþráll – Vorjafndægur		07:29 – 19:42 12:13	05:23 4.1 m	17:47 4.0 m
21 Þri – Einmánuður hefst	☀ Nýtt tungl 17:23	07:26 – 19:45 12:19	06:05 4.3 m	18:27 4.2 m
22 Mið – Stórstreymt		07:22 – 19:48 12:26	<b>06:44 4.4 m</b>	19:05 4.3 m
23 Fim		07:18 – 19:51 12:33	07:23 4.4 m	19:42 4.3 m
24 Fös		07:15 – 19:54 12:39	08:01 4.2 m	20:20 4.2 m
25 Lau		07:11 – 19:57 12:46	08:39 3.9 m	20:58 4.0 m
26 Sun		07:08 – 20:00 12:52	09:18 3.6 m	21:37 3.7 m
27 Mán		07:04 – 20:03 12:59	09:58 3.3 m	22:20 3.4 m
28 Þri		07:01 – 20:06 13:05	10:44 2.9 m	23:15 3.1 m
29 Mið	☾ Fyrri kvartil 02:32	06:57 – 20:09 13:12	11:49 2.6 m	
30 Fim		06:53 – 20:12 13:19	00:35 2.8 m	13:33 2.5 m
31 Fös		06:50 – 20:15 13:25	02:34 2.8 m	15:42 2.6 m

## APRÍL 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Lau		06:46 – 20:18 13:32	03:59 3.0 m	16:37 2.9 m
02 Sun – Pálmasunnud.		06:43 – 20:21 13:38	04:43 3.3 m	17:11 3.2 m
03 Mán		06:39 – 20:24 13:45	05:15 3.5 m	17:39 3.4 m
04 Þri		06:36 – 20:27 13:51	05:43 3.7 m	18:05 3.7 m
05 Mið		06:32 – 20:30 13:58	06:10 3.8 m	18:30 3.8 m
06 Fim – Skírdagur	☉ Fullt tungl 04:35	06:28 – 20:33 14:05	06:37 3.9 m	18:56 4.0 m
07 Föstudagurinn langi – Stórstreymt		06:25 – 20:36 14:11	07:05 3.9 m	<b>19:24 4.0 m</b>
08 Lau		06:21 – 20:39 14:18	07:36 3.9 m	19:54 4.0 m
09 Sun – Páskadagur		06:18 – 20:42 14:24	08:09 3.8 m	20:28 3.9 m
10 Mán – Annar páskad.		06:14 – 20:45 14:31	08:48 3.6 m	21:10 3.8 m
11 Þri		06:11 – 20:48 14:37	09:36 3.4 m	22:04 3.5 m
12 Mið		06:07 – 20:51 14:44	10:38 3.1 m	23:14 3.3 m
13 Fim	☾ Síðara kvartil 09:11	06:04 – 20:54 14:50	11:53 2.9 m	
14 Fös		06:00 – 20:57 14:57	00:35 3.2 m	13:19 2.9 m
15 Lau – Sumarmál		05:56 – 21:00 15:04	02:03 3.3 m	14:47 3.0 m
16 Sun		05:53 – 21:03 15:10	03:18 3.5 m	15:53 3.3 m
17 Mán		05:49 – 21:06 15:17	04:14 3.7 m	16:43 3.7 m
18 Þri		05:46 – 21:09 15:23	05:00 4.0 m	17:24 3.9 m
19 Mið		05:42 – 21:13 15:31	05:41 4.1 m	18:03 4.1 m
20 Fim– Sumard.fyrsti – Stórstreymt – Harpa hefst	☀ Nýtt tungl 04:12	05:39 – 21:16 15:37	06:20 4.1 m	<b>18:40 4.2 m</b>
21 Fös		05:35 – 21:19 15:44	06:58 4.1 m	19:16 4.2 m
22 Lau		05:32 – 21:22 15:50	07:35 3.9 m	19:52 4.1 m
23 Sun		05:28 – 21:25 15:57	08:12 3.7 m	20:29 3.9 m
24 Mán		05:25 – 21:28 16:03	08:49 3.4 m	21:07 3.7 m
25 Þri		05:21 – 21:31 16:10	09:30 3.1 m	21:51 3.4 m
26 Mið		05:18 – 21:35 16:17	10:18 2.9 m	22:46 3.1 m
27 Fim	☾ Fyrra kvartil 21:20	05:14 – 21:38 16:24	11:22 2.6 m	23:59 2.9 m
28 Fös		05:11 – 21:41 16:30		12:53 2.5 m
29 Lau		05:07 – 21:44 16:37	01:35 2.8 m	14:44 2.6 m
30 Sun		05:04 – 21:47 16:43	03:00 2.9 m	15:47 2.9 m

## MAÍ 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Mán – Verkalýðsdagurinn		05:01 – 21:50 16:49	03:52 3.1 m	16:26 3.1 m
02 Þri		04:57 – 21:54 16:57	04:29 3.3 m	16:58 3.4 m
03 Mið		04:54 – 21:57 17:03	05:02 3.5 m	17:27 3.6 m
04 Fim		04:50 – 22:00 17:10	05:33 3.6 m	17:56 3.8 m
05 Fös	☉ Fullt tungl 17:34	04:47 – 22:03 17:16	06:05 3.7 m	18:26 4.0 m
06 Lau		04:43 – 22:06 17:23	06:38 3.8 m	18:59 4.1 m
07 Sun – Stórstreymt		04:40 – 22:10 17:30	07:15 3.8 m	<b>19:35 4.1 m</b>
08 Mán		04:36 – 22:13 17:37	07:55 3.7 m	20:17 4.0 m
09 Þri		04:33 – 22:17 17:44	08:42 3.6 m	21:06 3.9 m
10 Mið		04:30 – 22:20 17:50	09:36 3.4 m	22:04 3.7 m
11 Fim		04:27 – 22:23 17:56	10:38 3.2 m	23:09 3.5 m
12 Fös	☾ Síðara kvartil 14:28	04:23 – 22:26 18:03	11:46 3.0 m	
13 Lau		04:20 – 22:30 18:10	00:21 3.3 m	13:03 3.0 m
14 Sun – Mæðradagurinn		04:17 – 22:33 18:16	01:38 3.3 m	14:20 3.1 m
15 Mán		04:13 – 22:36 18:23	02:48 3.4 m	15:24 3.3 m
16 Þri		04:10 – 22:40 18:30	03:45 3.6 m	16:15 3.6 m
17 Mið		04:07 – 22:43 18:36	04:33 3.7 m	16:59 3.8 m
18 Fim – Uppstigningard.		04:04 – 22:46 18:42	05:17 3.7 m	17:39 4.0 m
19 Fös – Stórstreymt	☀ Nýtt tungl 15:53	04:01 – 22:49 18:48	05:57 3.8 m	<b>18:17 4.0 m</b>
20 Lau – Skerpla hefst		03:58 – 22:52 18:54	06:35 3.7 m	18:54 4.0 m
21 Sun		03:55 – 22:56 19:01	07:14 3.6 m	19:31 3.9 m
22 Mán		03:51 – 22:59 19:08	07:52 3.5 m	20:09 3.8 m
23 Þri		03:48 – 23:02 19:14	08:31 3.3 m	20:49 3.6 m
24 Mið		03:45 – 23:05 19:20	09:13 3.1 m	21:34 3.4 m
25 Fim		03:43 – 23:08 19:25	10:02 2.9 m	22:25 3.2 m
26 Fös		03:40 – 23:11 19:31	10:58 2.7 m	23:24 3.0 m
27 Lau	☾ Fyrri kvartil 15:22	03:37 – 23:14 19:37		12:06 2.7 m
28 Sun – Hvítasunnud.		03:34 – 23:18 19:44	00:33 2.9 m	13:23 2.7 m
29 Mán – Annar í hvítas.		03:31 – 23:21 19:50	01:43 2.9 m	14:32 2.8 m
30 Þri		03:28 – 23:24 19:56	02:43 3.0 m	15:25 3.0 m
31 Mið		03:26 – 23:26 20:00	03:32 3.1 m	16:07 3.3 m

## JÚNÍ 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Fim		03:23 – 23:29 20:06	04:15 3.3 m	16:46 3.5 m
02 Fös		03:21 – 23:32 20:11	04:56 3.4 m	17:24 3.7 m
03 Lau		03:18 – 23:35 20:17	05:37 3.5 m	18:02 3.9 m
04 Sun – Sjómannadagurinn	○ Fullt tungl 03:42	03:16 – 23:37 20:21	06:18 3.6 m	18:42 4.0 m
05 Mán – Stórstreymt		03:14 – 23:40 20:26	07:02 3.7 m	<b>19:25 4.1 m</b>
06 Þri		03:11 – 23:42 20:31	07:48 3.7 m	20:11 4.1 m
07 Mið		03:09 – 23:45 20:36	08:38 3.6 m	21:02 4.0 m
08 Fim		03:07 – 23:47 20:40	09:32 3.5 m	21:57 3.9 m
09 Fös		03:06 – 23:49 20:43	10:28 3.3 m	22:56 3.7 m
10 Lau	● Síðara kvartil 19:31	03:04 – 23:51 20:47	11:30 3.2 m	23:59 3.5 m
11 Sun		03:02 – 23:53 20:51		12:36 3.1 m
12 Mán		03:01 – 23:55 20:54	01:07 3.3 m	13:45 3.2 m
13 Þri		02:59 – 23:56 20:57	02:13 3.3 m	14:49 3.3 m
14 Mið		02:58 – 23:58 21:00	03:13 3.3 m	15:45 3.4 m
15 Fim		02:57 – 23:59 21:02	04:07 3.3 m	16:34 3.6 m
16 Fös		02:56 – 00:00 21:04	04:55 3.4 m	17:19 3.7 m
17 Lau – Lýðveldisdagurinn		02:56 – 00:01 21:05	05:39 3.4 m	18:00 3.8 m
18 Sun – Stórstreymt	● Nýtt tungl 04:37	02:55 – 00:02 21:07	06:21 3.4 m	<b>18:39 3.8 m</b>
19 Mán – Sólmánuður hefst		02:55 – 00:03 21:08	07:00 3.4 m	19:18 3.8 m
20 Þri		02:55 – 00:03 21:08	07:39 3.3 m	19:56 3.7 m
21 Mið – Sumarsólstöður		02:55 – 00:03 21:08	08:18 3.2 m	20:35 3.6 m
22 Fim		02:55 – 00:03 21:08	08:58 3.1 m	21:15 3.5 m
23 Fös		02:55 – 00:03 21:08	09:41 3.0 m	21:58 3.3 m
24 Lau – Jónsmessa		02:56 – 00:03 21:07	10:27 2.9 m	22:45 3.2 m
25 Sun		02:57 – 00:02 21:05	11:17 2.9 m	23:36 3.1 m
26 Mán	● Fyrri kvartil 07:50	02:58 – 00:02 21:04		12:13 2.8 m
27 Þri		02:59 – 00:01 21:02	00:33 3.0 m	13:15 2.9 m
28 Mið		03:00 – 00:00 21:00	01:34 2.9 m	14:18 3.0 m
29 Fim		03:02 – 23:59 20:57	02:33 3.0 m	15:16 3.1 m
30 Fös		03:03 – 23:57 20:54	03:31 3.1 m	16:10 3.4 m

## JÚLÍ 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Lau		03:05 – 23:56 20:51	04:26 3.2 m	16:59 3.6 m
02 Sun		03:07 – 23:54 20:47	05:18 3.4 m	17:46 3.9 m
03 Mán	○ Fullt tungl 11:39	03:09 – 23:53 20:44	06:05 3.6 m	18:30 4.1 m
04 Þri		03:11 – 23:51 20:40	06:52 3.7 m	19:15 4.2 m
05 Mið – Stórstreymt		03:13 – 23:49 20:36	07:39 3.8 m	<b>20:01 4.3 m</b>
06 Fim		03:15 – 23:47 20:32	08:27 3.8 m	20:49 4.2 m
07 Fös		03:18 – 23:45 20:27	09:17 3.7 m	21:40 4.0 m
08 Lau		03:20 – 23:42 20:22	10:09 3.6 m	22:34 3.8 m
09 Sun		03:23 – 23:40 20:17	11:04 3.4 m	23:30 3.5 m
10 Mán	● Síðara kvartil 01:48	03:25 – 23:37 20:12		12:03 3.3 m
11 Þri		03:28 – 23:35 20:07	00:31 3.3 m	13:06 3.2 m
12 Mið		03:31 – 23:32 20:01	01:35 3.1 m	14:11 3.1 m
13 Fim – Hundadagar hefjast		03:34 – 23:30 19:56	02:40 3.0 m	15:16 3.2 m
14 Fös		03:37 – 23:27 19:50	03:44 3.0 m	16:16 3.3 m
15 Lau		03:40 – 23:25 19:45	04:42 3.0 m	17:08 3.4 m
16 Sun		03:43 – 23:22 19:39	05:31 3.1 m	17:52 3.6 m
17 Mán	● Nýtt tungl 18:32	03:46 – 23:19 19:33	06:13 3.2 m	18:31 3.7 m
18 Þri		03:49 – 23:16 19:27	06:52 3.3 m	19:07 3.7 m
19 Mið – Stórstreymt		03:52 – 23:13 19:21	07:28 3.3 m	<b>19:42 3.7 m</b>
20 Fim		03:55 – 23:10 19:15	08:02 3.3 m	20:15 3.7 m
21 Fös		03:58 – 23:07 19:09	08:36 3.3 m	20:49 3.6 m
22 Lau		04:01 – 23:04 19:03	09:11 3.3 m	21:24 3.5 m
23 Sun		04:04 – 23:01 18:57	09:47 3.2 m	22:02 3.3 m
24 Mán		04:08 – 22:58 18:50	10:26 3.1 m	22:43 3.2 m
25 Þri	● Fyrri kvartil 22:07	04:11 – 22:54 18:43	11:13 3.0 m	23:33 3.0 m
26 Mið		04:14 – 22:51 18:37		12:11 2.9 m
27 Fim		04:17 – 22:48 18:31	00:34 2.9 m	13:19 2.9 m
28 Fös		04:20 – 22:45 18:25	01:44 2.8 m	14:34 3.0 m
29 Lau		04:23 – 22:42 18:19	02:58 2.9 m	15:45 3.3 m
30 Sun – Heyannir hefjast		04:27 – 22:38 18:11	04:08 3.1 m	16:43 3.6 m
31 Mán		04:30 – 22:35 18:05	05:05 3.3 m	17:32 3.9 m



## ÁGÚST 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Þri	○ Fullt tungl 18:32	04:33 – 22:32 17:59	05:54 3.6 m	18:17 4.2 m
02 Mið		04:36 – 22:28 17:52	06:39 3.8 m	19:00 4.4 m
03 Fim – Stórstreymt		04:39 – 22:25 17:46	07:23 3.9 m	<b>19:43 4.4 m</b>
04 Fös		04:43 – 22:22 17:39	08:07 4.0 m	20:28 4.3 m
05 Lau		04:46 – 22:18 17:32	08:53 3.9 m	21:15 4.1 m
06 Sun		04:49 – 22:15 17:26	09:41 3.8 m	22:04 3.8 m
07 Mán – Fríd.verslunarm.		04:52 – 22:11 17:19	10:31 3.6 m	22:56 3.5 m
08 Þri	● Síðara kvartil 10:28	04:55 – 22:08 17:13	11:24 3.3 m	23:52 3.1 m
09 Mið		04:59 – 22:05 17:06		12:24 3.1 m
10 Fim		05:02 – 22:01 16:59	00:55 2.9 m	13:34 3.0 m
11 Fös		05:05 – 21:58 16:53	02:09 2.7 m	14:55 3.0 m
12 Lau		05:08 – 21:54 16:46	03:32 2.7 m	16:09 3.1 m
13 Sun		05:11 – 21:51 16:40	04:40 2.9 m	17:04 3.3 m
14 Mán		05:14 – 21:47 16:33	05:28 3.0 m	17:45 3.5 m
15 Þri		05:17 – 21:44 16:27	06:06 3.2 m	18:20 3.6 m
16 Mið	● Nýtt tungl 09:38	05:20 – 21:40 16:20	06:40 3.3 m	18:51 3.8 m
17 Fim – Stórstreymt		05:24 – 21:37 16:13	07:10 3.4 m	<b>19:20 3.8 m</b>
18 Fös		05:27 – 21:33 16:06	07:39 3.5 m	19:48 3.8 m
19 Lau		05:30 – 21:30 16:00	08:07 3.5 m	20:17 3.7 m
20 Sun		05:33 – 21:26 15:53	08:35 3.5 m	20:47 3.6 m
21 Mán		05:36 – 21:23 15:47	09:05 3.4 m	21:18 3.5 m
22 Þri		05:39 – 21:19 15:40	09:39 3.3 m	21:55 3.3 m
23 Mið		05:42 – 21:16 15:34	10:20 3.2 m	22:42 3.0 m
24 Fim	● Fyrra kvartil 09:57	05:45 – 21:12 15:27	11:19 3.0 m	23:48 2.8 m
25 Fös		05:48 – 21:09 15:21		12:38 2.9 m
26 Lau		05:51 – 21:05 15:14	01:12 2.7 m	14:08 3.0 m
27 Sun		05:54 – 21:02 15:08	02:41 2.8 m	15:29 3.2 m
28 Mán		05:57 – 20:58 15:01	03:57 3.1 m	16:29 3.6 m
29 Þri – Tvímánuður hefst		06:00 – 20:55 14:55	04:53 3.4 m	17:16 4.0 m
30 Mið		06:03 – 20:51 14:48	05:39 3.7 m	17:59 4.3 m
31 Fim	○ Fullt tungl	06:06 – 20:48 14:42	06:21 4.0 m	18:40 4.4 m

## SEPTEMBER 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Fös – Stórstreymt		06:09 – 20:44 14:35	07:02 4.1 m	19:21 4.5 m
02 Lau		06:12 – 20:40 14:28	07:43 4.2 m	20:03 4.3 m
03 Sun		06:14 – 20:37 14:23	08:25 4.1 m	20:46 4.1 m
04 Mán		06:17 – 20:33 14:16	09:08 3.9 m	21:31 3.8 m
05 Þri		06:20 – 20:30 14:10	09:54 3.7 m	22:18 3.4 m
06 Mið	☾ Síðara kvartil 22:21	06:23 – 20:26 14:03	10:44 3.4 m	23:11 3.0 m
07 Fim		06:26 – 20:23 13:57	11:43 3.1 m	
08 Fös		06:29 – 20:19 13:50	00:15 2.7 m	12:59 2.8 m
09 Lau		06:32 – 20:15 13:43	01:43 2.5 m	14:39 2.8 m
10 Sun		06:35 – 20:12 13:37	03:31 2.6 m	16:05 3.0 m
11 Mán		06:38 – 20:08 13:30	04:38 2.8 m	16:53 3.3 m
12 Þri		06:41 – 20:05 13:24	05:18 3.1 m	17:29 3.5 m
13 Mið		06:43 – 20:01 13:18	05:50 3.3 m	17:58 3.7 m
14 Fim		06:46 – 19:58 13:12	06:18 3.5 m	18:25 3.8 m
15 Fös	☀ Nýtt tungl 01:40	06:49 – 19:54 13:05	06:44 3.6 m	18:51 3.9 m
16 Lau – Dagur ísl.náttúru – Stórstreymt		06:52 – 19:50 12:58	07:09 3.7 m	19:17 3.9 m
17 Sun		06:55 – 19:47 12:52	07:34 3.7 m	19:44 3.8 m
18 Mán		06:58 – 19:43 12:45	08:00 3.7 m	20:12 3.7 m
19 Þri		07:01 – 19:40 12:39	08:28 3.6 m	20:43 3.5 m
20 Mið		07:04 – 19:36 12:32	09:01 3.5 m	21:20 3.3 m
21 Fim		07:06 – 19:33 12:27	09:44 3.3 m	22:10 3.0 m
22 Fös	☾ Fyrra kvartil 19:32	07:09 – 19:29 12:20	10:48 3.1 m	23:25 2.8 m
23 Lau – Haustjafndægur		07:12 – 19:26 12:14		12:16 3.0 m
24 Sun		07:15 – 19:22 12:07	00:56 2.7 m	13:51 3.0 m
25 Mán		07:18 – 19:18 12:00	02:30 2.8 m	15:12 3.3 m
26 Þri		07:21 – 19:15 11:54	03:44 3.1 m	16:10 3.7 m
27 Mið		07:24 – 19:12 11:48	04:36 3.5 m	16:56 4.0 m
28 Fim – Haustmánuður hefst		07:27 – 19:08 11:41	05:20 3.8 m	17:37 4.2 m
29 Fös – Stórstreymt	☀ Fullt tungl 09:58	07:30 – 19:04 11:34	05:59 4.1 m	18:17 4.4 m
30 Lau		07:32 – 19:01 11:29	06:38 4.3 m	18:56 4.4 m

## OKTÓBER 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Sun		07:35 – 18:57 11:22	07:17 4.3 m	19:36 4.2 m
02 Mán		07:38 – 18:54 11:16	07:56 4.2 m	20:16 4.0 m
03 Þri		07:41 – 18:50 11:09	08:36 4.0 m	20:58 3.6 m
04 Mið		07:44 – 18:46 11:02	09:18 3.7 m	21:42 3.3 m
05 Fim		07:47 – 18:43 10:56	10:06 3.4 m	22:33 2.9 m
06 Fös	☾ Síðara kvartil 13:48	07:50 – 18:39 10:49	11:05 3.1 m	23:40 2.6 m
07 Lau		07:53 – 18:36 10:43		12:24 2.8 m
08 Sun		07:56 – 18:32 10:36	01:16 2.5 m	14:14 2.8 m
09 Mán		07:59 – 18:29 10:30	03:18 2.6 m	15:39 3.0 m
10 Þri		08:02 – 18:25 10:23	04:16 2.9 m	16:25 3.2 m
11 Mið		08:05 – 18:22 10:17	04:52 3.1 m	16:58 3.5 m
12 Fim		08:08 – 18:19 10:11	05:21 3.4 m	17:27 3.6 m
13 Fös		08:11 – 18:15 10:04	05:47 3.6 m	17:53 3.7 m
14 Lau	☀ Nýtt tungl 17:55	08:13 – 18:12 09:59	06:13 3.7 m	18:19 3.8 m
15 Sun		08:16 – 18:08 09:52	06:37 3.9 m	18:46 3.8 m
16 Mán – Stórstreymt		08:19 – 18:05 09:46	<b>07:04 3.9 m</b>	19:15 3.8 m
17 Þri		08:22 – 18:01 09:39	07:32 3.9 m	19:46 3.7 m
18 Mið		08:25 – 17:58 09:33	08:03 3.8 m	20:21 3.5 m
19 Fim		08:29 – 17:54 09:25	08:41 3.7 m	21:04 3.3 m
20 Fös		08:32 – 17:51 09:19	09:31 3.5 m	22:03 3.1 m
21 Lau		08:35 – 17:48 09:13	10:40 3.3 m	23:19 2.9 m
22 Sun	☾ Fyrri kvartil 03:29	08:38 – 17:44 09:06		12:03 3.1 m
23 Mán		08:41 – 17:41 09:00	00:45 2.8 m	13:30 3.2 m
24 Þri		08:44 – 17:37 08:53	02:12 3.0 m	14:47 3.4 m
25 Mið		08:47 – 17:34 08:47	03:22 3.3 m	15:45 3.7 m
26 Fim – Veturnætur		08:51 – 17:31 08:40	04:13 3.6 m	16:32 3.9 m
27 Fös		08:54 – 17:27 08:33	04:57 3.9 m	17:14 4.1 m
28 Lau – Fyrsti vetrardagur – Gormánuður hefst	☉ Fullt tungl 20:24	08:57 – 17:24 08:27	05:37 4.1 m	17:54 4.2 m
29 Sun		09:00 – 17:21 08:21	06:15 4.3 m	18:33 4.1 m
30 Mán – Stórstreymt		09:03 – 17:18 08:15	<b>06:53 4.3 m</b>	19:12 4.0 m
31 Þri		09:06 – 17:14 08:08	07:31 4.2 m	19:51 3.8 m

## NÓVEMBER 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Mið		09:10 – 17:11 08:01	08:10 4.0 m	20:32 3.5 m
02 Fim		09:13 – 17:08 07:55	08:51 3.8 m	21:15 3.2 m
03 Fös		09:16 – 17:05 07:49	09:37 3.4 m	22:06 2.9 m
04 Lau		09:19 – 17:01 07:42	10:34 3.1 m	23:10 2.7 m
05 Sun	☾ Síðara kvartil 08:37	09:23 – 16:58 07:35	11:45 2.9 m	
06 Mán		09:26 – 16:55 07:29	00:36 2.6 m	13:17 2.8 m
07 Þri		09:29 – 16:52 07:23	02:23 2.6 m	14:43 3.0 m
08 Mið		09:32 – 16:49 07:17	03:29 2.9 m	15:36 3.1 m
09 Fim		09:36 – 16:46 07:10	04:10 3.1 m	16:15 3.3 m
10 Fös		09:39 – 16:42 07:03	04:43 3.4 m	16:48 3.5 m
11 Lau		09:42 – 16:39 06:57	05:12 3.6 m	17:18 3.6 m
12 Sun – Feðradagurinn		09:45 – 16:36 06:51	05:41 3.8 m	17:49 3.7 m
13 Mán	☀ Nýtt tungl 09:27	09:49 – 16:33 06:44	06:10 3.9 m	18:21 3.7 m
14 Þri		09:52 – 16:30 06:38	06:41 4.0 m	18:55 3.7 m
15 Mið – Stórstreymt		09:55 – 16:28 06:33	<b>07:14 4.0 m</b>	19:32 3.7 m
16 Fim – Dagur íslenskrar tungu		09:58 – 16:25 06:27	07:53 4.0 m	20:14 3.6 m
17 Fös		10:02 – 16:22 06:20	08:38 3.9 m	21:05 3.4 m
18 Lau		10:05 – 16:19 06:14	09:31 3.7 m	22:04 3.2 m
19 Sun		10:08 – 16:16 06:08	10:35 3.5 m	23:11 3.1 m
20 Mán	☾ Fyrra kvartil 10:50	10:11 – 16:14 06:03	11:45 3.4 m	
21 Þri		10:15 – 16:11 05:56	00:26 3.0 m	13:01 3.4 m
22 Mið		10:18 – 16:08 05:50	01:43 3.1 m	14:13 3.4 m
23 Fim		10:21 – 16:06 05:45	02:51 3.3 m	15:14 3.6 m
24 Fös		10:24 – 16:03 05:39	03:46 3.6 m	16:06 3.7 m
25 Lau		10:27 – 16:01 05:34	04:33 3.9 m	16:52 3.8 m
26 Sun		10:30 – 15:58 05:28	05:15 4.1 m	17:35 3.9 m
27 Mán – Ýlir hefst	☽ Fullt tungl 09:16	10:33 – 15:56 05:23	05:55 4.2 m	18:15 3.8 m
28 Þri – Stórstreymt		10:36 – 15:54 05:18	<b>06:35 4.2 m</b>	18:55 3.8 m
29 Mið		10:39 – 15:51 05:12	07:13 4.1 m	19:35 3.6 m
30 Fim		10:42 – 15:49 05:07	07:53 4.0 m	20:15 3.5 m

## DESEMBER 2023

Dagur	Tungl	Sólargangur	Árd.flóð	Síðd.flóð
01 Fös – Fullveldisdagurinn		10:45 – 15:47 05:02	08:33 3.8 m	20:58 3.3 m
02 Lau		10:48 – 15:45 04:57	09:17 3.6 m	21:45 3.1 m
03 Sun		10:50 – 15:43 04:53	10:07 3.3 m	22:39 2.9 m
04 Mán		10:53 – 15:41 04:48	11:03 3.1 m	23:43 2.8 m
05 Þri	☾ Síðara kvartil 05:49	10:55 – 15:40 04:45		12:09 3.0 m
06 Mið		10:58 – 15:38 04:40	00:59 2.8 m	13:20 3.0 m
07 Fim		11:00 – 15:37 04:37	02:13 2.9 m	14:25 3.0 m
08 Fös		11:03 – 15:35 04:32	03:10 3.1 m	15:18 3.1 m
09 Lau		11:05 – 15:34 04:29	03:56 3.3 m	16:03 3.3 m
10 Sun		11:07 – 15:33 04:26	04:35 3.5 m	16:44 3.4 m
11 Mán		11:09 – 15:32 04:23	05:12 3.7 m	17:24 3.5 m
12 Þri	☀ Nýtt tungl 23:32	11:11 – 15:31 04:20	05:49 3.9 m	18:04 3.6 m
13 Mið		11:12 – 15:30 04:18	06:26 4.1 m	18:44 3.7 m
14 Fim		11:14 – 15:29 04:15	07:06 4.2 m	19:27 3.7 m
15 Fös – Stórstreymt		11:16 – 15:29 04:13	<b>07:48 4.2 m</b>	20:12 3.7 m
16 Lau		11:17 – 15:28 04:11	08:34 4.1 m	21:01 3.6 m
17 Sun		11:18 – 15:28 04:10	09:25 4.0 m	21:55 3.5 m
18 Mán		11:19 – 15:28 04:09	10:20 3.8 m	22:53 3.4 m
19 Þri	☾ Fýrra kvartil 18:39	11:20 – 15:28 04:08	11:20 3.6 m	23:57 3.3 m
20 Mið		11:21 – 15:28 04:07		12:27 3.5 m
21 Fim		11:22 – 15:29 04:07	01:06 3.3 m	13:35 3.4 m
22 Fös – Vetrarsólstöður		11:22 – 15:29 04:07	02:14 3.4 m	14:41 3.4 m
23 Lau – Þorláksmessa		11:23 – 15:30 04:07	03:16 3.5 m	15:40 3.4 m
24 Sun – Aðfangadagur		11:23 – 15:31 04:08	04:11 3.7 m	16:34 3.5 m
25 Mán – Jóladagur		11:23 – 15:32 04:09	05:00 3.8 m	17:22 3.5 m
26 Þri – Annar í jólum		11:23 – 15:33 04:10	05:44 4.0 m	18:05 3.6 m
27 Mið – Mörsugur hefst	☀ Fullt tungl 00:33	11:23 – 15:34 04:11	06:25 4.0 m	18:46 3.6 m
28 Fim – Stórstreymt		11:22 – 15:35 04:13	<b>07:04 4.0 m</b>	19:26 3.6 m
29 Fös		11:22 – 15:37 04:15	07:42 4.0 m	20:04 3.5 m
30 Lau		11:21 – 15:38 04:17	08:20 3.9 m	20:43 3.4 m
31 Sun – Gamlársdagur		11:20 – 15:40 04:20	08:58 3.7 m	21:22 3.3 m